

Covenant To Care



Serving Seniors. Enriching Lives.

Spring 2017

Ave Maria receives \$500,000 grant from The Harry and Jeanette Weinberg Foundation

A \$500,000 grant from The Harry and Jeanette Weinberg Foundation in Owings Mills, Maryland to Ave Maria Home will be used to provide a safe haven for elders in Memphis and Shelby County who have been victims of any type of abuse. The Weinberg Foundation grant will sponsor private apartments for abused elders who will live in Ave Maria's Green House® Project, Phase II.

Ave Maria is currently building five 12-bed Green House® homes on its Bartlett campus that will join four Green Houses built six years ago, to replace an aging nursing home wing. At the time, Ave Maria's executive director Frank Gattuso and the Ave Maria Board of Directors were looking for an alternative to providing long term care, and embraced the Green House concept which provides a true home that returns control and dignity to the elders, allows them to live life to the fullest, and to age gracefully in place. Ave Maria's Phase II homes will offer apartments for elders still living in a 1970's nursing home wing, will have designated apartments for abused elders, and apartments for elders and clients needing short-term rehabilitation.

"It's exciting to have a national foundation's involvement in recognizing the importance of care for our elders. The Weinberg Foundation is committed to assisting elders through post-acute care and culture change in our community with The Green House® homes," said Frank Gattuso, Ave Maria executive director.

(continued on page 2)



Ave Maria: A Bright Future

By Frank J. Gattuso, Executive Director, and Marlene Siegel , Assistant Executive Director

Dear Friends,

The future is bright at Ave Maria and at St. Clare Health and Rehab as we look forward to positive change and growth in 2017. Our housing, skilled rehabilitation, and long term care are among the most innovative programs in Tennessee and the Mid-South.





Strategic Growth Initiative Overview

As a result of a strategic growth initiative launched in 2006, over the past year we have:

- Continued renovating our 60-year-old Ave Maria nursing home and assisted living apartments, built in 2000;
- Acquired St. Clare Health and Rehab, a 48-bed nursing home in North Memphis where staff care for 28 elders needing long term care and post-acute rehabilitation;
- Expanded our caregiver education and certification programs;
- Continued our commitment of spiritual care, reaching more people than ever with the support of two deacons and the Missionary Sisters of Charity serving St. Clare.

Facilities Update

Thank you for supporting us as we transform Ave Maria and St. Clare, both over 60 years of age, into state-of-the-art health care communities. We are committed to making significant improvements, because we want our elders and clients to live, thrive, and enjoy their lives in wonderful surroundings, with highly trained and compassionate caregivers.

Future Ribbon-Cutting

(continued on page 2)



Foundation grant con't.

Rachel Scher McLean, marketing specialist at The Green House® Project, applauds the support of The Weinberg Foundation: "Since 2013, the reach of The Green House® Project has been expanded through the generous support of The Harry and Jeanette Weinberg Foundation. Their involvement enables the Green House® Project to make an even greater impact, bringing a highly and more personalized standard of care to elders in every community. These funds have furthered innovation in the field and are vital to extend truly excellent, affordable long term care to all people regardless of acuity level or ability to pay." Currently there are 214 Green House® Homes operating in the United States. Over the next three years, an additional 150 homes will open, making a total of 34 states with Green House® Homes. "

Ave Maria Board Chair, Martha Podesta, said: "The Weinberg Foundation grant is real encouragement to the nonprofit work with elders that Ave Maria has been doing in Bartlett and Memphis since 1956." "This grant is one of the top 5 gifts Ave Maria Home has received in its over 60 year history. Thanks to their support and that of so many donors, we have raised over \$14 million in private funds to enhance our mission in caring for our elders", said Nicholas Scully with the Compass Group.





Ave Maria: A Bright Future con't.

By 2018, the Ave Maria campus will look very different when we cut the ribbon on five new Green Houses. These homes will enhance skilled nursing and rehabilitative services for an additional 25 elders seeking care at Ave Maria, and will change our community's perception of nursing home care.

Caregiver Education and Certification Programs

Our major growth initiative continues thanks to the generous support of individuals, families and foundations who have helped us meet the educational needs of our staff. Ave Maria's caregiving staff participate in on-going training to ensure we remain innovative healthcare leaders, and promote longer, healthier, and more enriched lives for the elders we serve.

To date, over 150 staff have been trained in the "Advancing Excellence" Program and we will train an additional 150 staff in other innovative programs, such as "Bathing Without a Battle" and "Mouth Care Without a Battle."

Giving Back to the Community

(continued on page 5)

AVE MARIA GOVERNING BOARD Martha Podesta, President

Anna Vescovo, Vice President John L. Schifani, Treasurer Mary Webb, Secretary

Frank J. Gattuso, Jr., Executive Director John Zoccola, Board Member Emeritus Father J. Leonard Oglesby, Board Member Emeritus

www.avemariahome.org



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Volunteers at Ave Maria

By Maria Zoccola

Each year, approximately 62.6 million people in the United States spend 7.9 billion hours volunteering for the greater good. Here at Ave Maria, the numbers are no less impressive. Volunteers logged over 2,000 hours in 2016, helping out in a host of different areas.

Volunteers at Ave Maria decorate for the holidays, update bulletin boards, play games, lead exercises, and escort residents to and from chapel. But their most important task may have little to do with organizing and cleaning.

"They bring a breath of fresh air," said Melissa Gogonelis, Ave Maria's volunteer coordinator. "They have meaningful conversations with our residents. They bring in a new energy."

Volunteers at Ave Maria come in all ages. Most of them are students, often arriving to fulfill service hours for their respective schools. These young people come from schools around Memphis, including Christian Brothers High School, St. Ann, and St. Agnes-St. Dominic. College students from Christian Brothers University, Rhodes College, and the University of Memphis are also well represented.

Adult volunteers come to Ave Maria from a variety of backgrounds. Some choose to give back after Ave Maria touches their lives in some way, perhaps through caring for their parents or friends. Others simply find themselves drawn to working with elders.







"I volunteer to bless those who are here and to receive blessings in return," said longtime volunteer Jim Lovelace, who often leads morning exercises for the Assisted Living residents. Lovelace originally started volunteering with Ave Maria's nursing home residents, where he formed lasting relationships. These friendships are truly the simplest and yet the most important gifts that volunteers can give, and often impact the volunteers just as much as the residents.

"It's nice to do something calm for an hour in my hectic life," said Rhodes student Samantha Lamy, a regular volunteer at St. Luke's Cottage for residents with Alzheimer's and dementia. "I like getting to know people."

For one particular group of volunteers, friendship and high spirits come easily. Young students from St. Ann Catholic School often walk next door to Ave Maria to visit. They sing songs, chat, color pictures with the Assisted Living residents, and enjoy activities like games and Crazy Hat Parties with the elders at St. Luke Cottage. "They are so precious," said Assisted Living resident Mary Ann Dote. "It's nice to be around little ones."

Ultimately, what is it that makes a good volunteer? According to Lovelace, it's all about compassion, understanding, and patience. Anyone with a little time and a lot of love can make a big difference at Ave Maria.

Support Ave Maria residents every time you shop on Amazon. 0.5% of your purchase will support our residents if you designate Ave Maria Home or Ave Maria Foundation as your charity.

If you have not signed up, go to smile.amazon. com, and select Ave Maria Home or Ave Maria Foundation, before shopping. You will see different products marked "eligible for an AmazonSmile donation." Thank you!

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Home Again By Becky Lewis, Administrator



A few months ago, one of our longtime residents went home to live with her son. You see, every evening about the same time, she would ask someone if they would phone her son for her. She would say to him, "I want to come home. I am ready for you to come get me." After many phone calls, night after night, her son thought it would be best to give it a try and brought her home to live with him. He knew deep down in his heart that he should care for his mother who had always cared for him.

Now, more than ever, adult children are taking care of their aging parents. Our resident's son not only knew that it was the right thing to do, but was also willing to take on the responsibilities. We still see her every day, because the son brings her to the Assisi Adult Day Center. Each morning, her son drops her off, and his mother spends the day with other ADC clients, socializing, participating

in activities, and enjoying meals and snacks. Her son walks her inside the Adult Day Center and always tells her to "have a good day", the same words she said to him many times over the years.

Ave Maria offers many different services to help our elders with all stages of aging. When his mother is ready for nursing home care again, we will be able to pick up with her where we left off, and provide relief for her son. She, like so many others, is part of our Ave Maria family.

Ave Maria Residents and Clients Give Back

By Maria Zoccola

The spirit of giving permeates the halls of Ave Maria, touching everyone from the staff to the volunteers to the elders themselves. Ave Maria residents and Adult Day Center clients participate in many different service projects throughout the year, and through their efforts make the Mid-South a better place.

At the Day Center, clients help a different nonprofit every month, often through donation drives. A host of organizations have benefitted from their hard work, including the Mid-South Food Bank, the Monastery of St. Clare, earthquake relief in Haiti, and the Dorothy Day House.

"Our clients believe it's the Christian thing to do," said Jessie Phillips, activities director at the Day Center. "It makes them feel good."

This month, the Day Center clients are supporting the Urban Bicycle Food Ministry, a Christian nonprofit dedicated to feeding and caring for the homeless. At UBFM, volunteers with backpacks full of supplies ride their bikes to the hidden corners of Memphis, meeting with the homeless and distributing food, clothing, and personal care items directly to where they are most needed.

Day Center clients and staff made peanut butter and jelly sandwiches and small cups of candy to pack into homeless relief bags. They also stuffed the bags with cookies, crackers, and personal care items like Kleenex and razors. The bags of food and goods will be distributed by UBFM volunteers to the homeless in Memphis.

Assisted Living residents also give their time to serve many different organizations. Residents frequently make sandwiches and candy cups for the Memphis Union Mission, and in the fall they work with the American Red Cross to decorate holiday cards for veterans and first responders. Those who knit or crochet make hats for St. Jude and veterans' homes, and in the past, residents have tutored local school children in reading.

Said Michelle Birmingham, activities director for Assisted Living, "Our residents can still give back to the community. These organizations are places the residents are familiar with, and they like to continue their service."

In upcoming months, the Assisted Living community will begin crafting fleece scarves for nursing home residents at St. Clare Health & Rehab. The Adult Day Center clients will continue serving the homeless.

"We like to give back," said Phillips. "We like to do anything to help the needy."

For Ave Maria elders, making a difference is joyful work at every stage of life.





Ave Maria: A Bright Future con't.

Are you aware that almost 175 people call Ave Maria and St. Clare Health and Rehab their home? Daily, we serve over 300 individuals in addition to their family members through supportive services; 170 elders in our long-term nursing and Skilled Rehab Centers; 75 assisted living elders in apartments; and 125 clients through our HomeCare program. Whether an individual wants to remain at home, requires short term or longer term care, or needs specialized memory care services, we can help.

Thank you for your generous support last year. We could not have accomplished what we have, without your help, and we look forward to a bright future.

With Warm Regards,

Furthfattus J Martine Siegel

Frank J. Gattuso, Jr. Executive Director

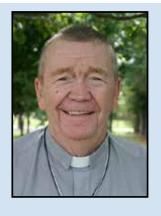
Marlene Siegel Assistant Executive Director



Ave Maria Home and St. Clare Health & Rehab's Celebration of Remembrance service was held Sunday, January 22, to celebrate the lives of residents and clients who passed away during 2016. Staff and family members gathered in Ave Maria's Father Leonard Oglesby Memorial Chapel for a service and blessing of doves which were given to the family members.

DEACON'S CORNER

any years ago, there was a television series that took place in New York City and was based on police cases handled by detectives entitled, "The Naked

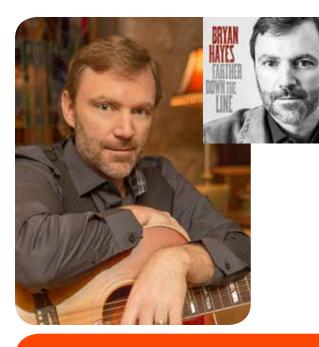


City." The premise of this series was that even with the large population of "The Big Apple," each case they handled, each human being in the city, had a story of his own. The narrator would deliver the same closing line at the end of each episode, saying "There are eight million stories in the Naked City. This has been one of them."

In our lives, we sometimes lump people into a category that takes away their individuality. We tend to feel more comfortable judging people as a group rather than as an individual with their own personal needs and beliefs. At Ave Maria Home, our goal, our mission, is to avoid this way of thinking as we give our care and love to those that God has sent to us. We know each person is different in his own way and that each person has personal needs. Even though the medical terms, the diagnosis, and the prognosis may be the same for many of the elders, their way of reacting is totally different in each and every instance, and our heartfelt understanding of that is why Ave Maria Home is so highly thought of and sought out by our families. We realize that each of our residents and clients have individual needs that require our understanding and skill to be their caregivers and comforters as we serve them with our hands and our hearts as well. That is our pledge to each and every client and resident and to their families and loved ones, and is also our pledge to God.

In our Adult Day Center, we have a client who is a retired Pastor with a Doctorate in Theology. He preaches at our chapel service on the first and third Mondays of each month. He has some health challenges, but still has the ability and the desire to pass on the Word of God to others. His body has told him to slow down, but his calling from God keeps him going. You see, all of us need to be needed. That's what I'm talking about. Well done, Preacher, well done.

There are hundreds of stories at Ave Maria Home. This has been one of them.



Ave Maria Foundation 16th Annual Concert & Silent Auction Starring BRYAN HAYES & The Retrievers

> Saturday, April 22, 2017 Sally Hook Performing Arts Center

St. Agnes-St. Dominic School 4830 Walnut Grove Road Silent Auction/Buffet 5 p.m. - Concert 8 p.m.

TITLE - \$25,000

14 Complimentary Tickets
Two Page (Center Spread) Ad in Auction Program
Recognition in all publicity, Reserved Seats

O AVE MARIA SOCIETY - \$10,000

10 Complimentary Tickets

Full Page Ad in Auction Program

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PLATINUM - \$5,000

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8 Complimentary Tickets

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H T Recognition in all publicity, Reserved Seats

GOLD - \$2,500

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Recognition in all publicity, Reserved Seats

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SILVER - \$1,500

4 Complimentary Tickets

¹/₄ Page Ad in Auction Program

Recognition in all publicity, Reserved Seats

Ads include copy in color, photos, and logos.

Bryan Hayes is an award winning, national touring songwriter who grew up in Brownsville, Tennessee. The Americana artist who now lives in the Memphis area, keeps a busy touring schedule, performing over 200 shows annually throughout the Southeast and country. A skillful writer and storyteller, Hayes' songs have been described as poetic, as pop/folk, and country, as he crafts songs and stories that deal with the South and everyday life. His songs come from the heart and resonate with his audiences.

His latest album, Farther Down the Line, was produced by Grammy Award-winning engineer/producer, Andy Hunt who describes Hayes' songwriting style and music: "Not only does Bryan craft a great song with melody and music, but more importantly he crafts a great story with his lyrics and he sings them the only way he knows how – from his heart." Hayes started writing the title track in 2007, but the album was put on hold when he was deployed to Iraq from 2009 - 2010. While overseas, Hayes wrote half of the songs on this album, but said his experience in combat made him see life a little differently. He was no longer afraid to talk about God and politics and other topics usually considered taboo in conversation. Farther Down the Line features 12 new songs, one of which was co-written with Hunt.

In addition to Farther Down the Line, Bryan's CDs include: Still Just a Man; Tangle Me Up in You; Long Hard Road, and Just a Man. When he's not writing and performing, Hayes operates Farmhouse Recording Studio in Moscow, TN and serves as an independent producer and engineer. He is on the board member of the Americana Music Society in Memphis and is Vice-President and COO of Americana Music Society Records (AMS Records). Hayes is also an Adjunct Professor of Music Production at the Visible Music College in Memphis.

https://www.bryanhayesmusic.com

Tickets are \$50/person by calling Lisa Bell at (901) 405-3791 or registering online at www.avemariahome.org.

Proceeds will benefit Ave Maria residents.

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Please complete form and return with your check or credit card information payable to: Ave Maria Foundation of Memphis, 2805 Charles Bryan Road, Bartlett, TN 38134. For more information, call Lisa Bell at (901) 405-3791. Your contribution is tax deductible to the extent allowed by the law.	

Blessed Mother Society

The following individuals are members of Ave Maria's Blessed Mother Society which recognizes those donors who have included Ave Maria Founda-



tion as a direct beneficiary in their estate plans. Their planned gifts ensure that Ave Maria continues to provide state-of-the art, quality long-term care programs and services, in perpetuity, to elders in our community.

Estate gifts include bequests, life insurance policies, charitable gift annuities, charitable remainder trusts, and gifts of property, such as real estate and works of art. If you have already included Ave Maria Foundation in your estate plans, please let us know by contacting Frank J. Gattuso, Jr. or Lisa Bell at (901) 386-3211. If you are thinking about including Ave Maria in your estate plans, we encourage you to check with your attorney, accountant, financial planner, or tax advisor to determine the best giving method for your philanthropic goals.

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Marlene Siegel
Francis J. Tindle*
Helen Westerman*
*Deceased

Father J. Leonard Oglesby Memorial Chapel Services

Rosary, 1st and 3rd Monday @ 10:30 a.m.

Communion Service, Monday-Friday @ 11 a.m.

Divine Mercy Devotion, Thursday @ 3 p.m.

Bible Study, Saturday @ 11 a.m.

Interdenominational Service, Sunday @ 10 a.m.

(except the 3rd Sunday of each month @ 4 p.m.)

Holy Mass, Sunday @ 11:00 a.m.

HomeCare Services



At Ave Maria Home, we understand that sometimes home is the best place for you or your loved one. However, when you need an extra hand or supportive care for your loved one, Ave Maria's caregivers can help. Perhaps your loved one just came home from the hospital or is recovering from a fall or illness. You may worry that your loved one is alone at home every day, and you want someone to check on him. Ave Maria's HomeCare staff can help.

Our professionally trained caregivers are compassionate, friendly, and will treat your loved one like family. Our staff will work with you and your loved one to develop a customized care plan, so that your loved one can live at home as long as possible.

Our Caregivers can provide assistance with:

- Daily activities, such as bathing, dressing, and personal hygiene
- Homemaker services, such as light housekeeping, laundry, and meal preparation
- Transportation to the grocery story, pharmacy, medical and personal appointments
- In-home respite care while you're at work, or out of town during the week, weekends, or holidays

Ave Maria HomeCare is a participant in the TennCare CHOICES Program and accepts private pay clients. We invite you to call our HomeCare staff today at (901) 208-8312 to find out how we can help you and your loved one. A two hour minimum visit is required for all HomeCare services.



MEMORIALS & HONORARIUMS October 2016-January 2017

Memorials and honorariums are a wonderful way to remember a loved one or to recognize special events in one's life such as the birth of a child, a birthday, a graduation, a wedding, or an anniversary. Your gift to the Ave Maria Foundation is tax deductible and we will mail a note to the recipient letting him/her know of your thoughtfulness.

OCTOBER 2016

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(continued)



MEMORIALS & HONORARIUMS October 2016-January 2017

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IN HONOR OF:

Rita Franceschini Coughlin

Ms. Debbie Yen



Donations to Ave Maria - October 2016-January 2017

Thank you for your support!

Thanks to the generosity of our donors, Ave Maria is able to provide a continuum of care that allows residents to age gracefully in place and enjoy life to the fullest. Donations also support a variety of fun and stimulating resident activities and programs at Ave Maria and sponsor cultural outings for our residents. For more information on how you can support Ave Maria Home, contact Frank Gattuso, Executive Director, or Lisa Bell, Director of Advancement, at (901) 386-3211.

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Ms. Janet Donato

Ms. Mary A. Dote

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Mr. and Mrs. Phillip Webb

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Mr. Marc Wheetley

Mr. and Mrs. Joseph D. White



Donations to Ave Maria - October 2016-January 2017 con't.

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Mr. and Mrs. Randy E. Williams

Ms. Anne Williford

Mr. Daniel Wilson Mr. and Mrs. Jim Wilson

Dr. and Mrs. Robert J. Wilson

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1

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Wings of Ave Maria





St. Ann students calling bingo in St. Luke Cottage.



Visitors Bureau





Father Russ Harbaugh blesses the Father Leonard Oglesby Memorial Chapel.

In January, Ave Maria's Father Leonard Oglesby Memorial Chapel was dedicated as an Official Space for Mercy. In keeping with Pope Francis' Year of Mercy, Ave Maria's chapel was selected to become a Space for Mercy, a place where all can come for prayer and reflection, and to make space for God's love. Ave Maria Board members, residents, and staff gathered for a dedication and blessing given by Father Russ Harbaugh, Pastor of St. Ann Church, Bartlett.



Jealian Winterfest

A record crowd enjoyed the 7th Annual Italian Winterfest held January 15th at The Racquet Club which benefited Ave Maria Home and the Catholic Education Scholarship Fund. Guests enjoyed sampling Italian and signature dishes from 15 local restaurants, traditional Italian music performed by Tony Barrasso, and dancing to favorite tunes spun by D.J. Michael Spano.The 2017 Honored Guest of Winterfest was Major Jim Strickland. Rev. J. Terry Steib, Diocese of Memphis Bishop Emeritus, received the Italian Winterfest Outstanding Service Award.

This year's event was dedicated to the memory of Angelo A. Lucchesi and Sam Bomarito, who along with Tony Barrasso, co-founded Italian Winterfest.



Erik and Audrey Matheson



(l/r) Janet Donato, Sister Ann Thomas, O.P., Sister Martin De Porres, O.P., Mary Pat Van Epps



FAMILY CAREGIVER SUPPORT GROUP

First Tuesday Each Month 5:30 p.m.-6:30 p.m. Ave Maria Home-2805 Charles Bryan Road

This support group is for individuals who have a family member facing issues related to the aging process.

COME LISTEN • COME SHARE • COME LEARN

Upcoming Meetings: Tuesdays - March 7 - April 4 - May 2 - June 6

Discussion and light dinner provided by Ave Maria Home.

For more information and to rsvp please contact Debi Tipler (901) 386-3211, ext. 2007 dtipler@avemariahome.org
Valerie Harris (901) 386-3211, ext. 2014 vharris@avemariahome.org



(l/r) Rita and David Cremerius and Patty and Kent Neuhoff



(l/r) Nancy Lanigan, Mary Sexton, Jami Gattuso

Assisted Living: Ave Maria's Assisted Living offer seniors assistance with daily tasks such as bathing, dressing, and medication administration, as well as housekeeping, transportation, meals, and activities.

Physical, Occupational, and Speech Therapy:

Ave Maria provides skilled nursing care and rehabilitation to elders in our Rehabilitation Care Center and in our Green House® homes.

Green House® Homes: Each of our Green House® Homes offers private apartments and community living for elders who need assistance with daily tasks such as bathing, dressing, and medication administration.

Adult Day Care Center: Monday-Friday, the Assisi Adult Day Center offers support for the caregiver as well as assistance, supervision, activities, meals, and socialization for individuals with Alzheimer's and dementia and for young disabled adults. Services are offered in a secure, loving environment that fosters dignity and respect.

St. Luke Cottage (Alzheimer's/Memory Care):

Ave Maria's St. Luke Cottage offers studio apartments, stimulating activities, nutritious meals, and spiritual enrichment for residents with dementia and Alzheimer's.

HomeCare Services: Ave Maria's HomeCare Services offers non-medical homemaker services (meals, light housekeeping, shopping, and bathing) for seniors and young disabled adults that allow them to stay in their own homes.

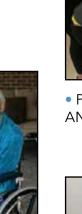
Also Providing Respite and Hospice Care

AVE MARIA

Ave Maria's Programs At A Glance



ASSISTED LIVING



GREEN HOUSE® HOMES



 ST. LUKE COTTAGE (Alzheimer's/Memory Care)



 PHYSICAL, OCCUPATIONAL AND SPEECH THERAPY



ADULT DAY CARE CENTER



HOMECARE SERVICES







Wine Tasting & Art Show

"Angel in the Garden" painting by Joey Evangelisti





Ave Maria's Wine Tasting and Art Show held in November featured art for sale by local artists, a tasting of wines presented by Bill Lucchesi from Delta Wholesale Liquors, and hearty appetizers provided by the Malone Family.

Thirty-six artists participated this year: Nancy Adair, Marie Babb, Bonnie Barrasso, Gregory Bowden, Mary Bowman, Jeanie Box, Gene Calloway, Mary Louise Chitwood, Garnet Smith Covington, Marcy Crews, Rita Dattilo, Jeanette Davis, Dot Douglas, Joey Evangelisti, Marty Fath, Jennifer Gionfriddo, Richard Hendricks, James King, Rollin Kocsis, Chuck Lanza, Linda Lucchesi, Sandi Morello, Carolyn Moss, Mary Pera, Jean Potempa, Joy Routt, John Sadowski, Jacque Sligh, Cleve Stevens, Jane Tonning, Joe Umphress, Linda Umphress, Judy Vandergrift, Yancy Villa-Calvo, Marc Wheetley, and NJ Woods. Proceeds benefited programs and services for Ave Maria's residents and clients.



Jack and Karen Treas



Marcy Crews, Joan Hug, Jane Tonning



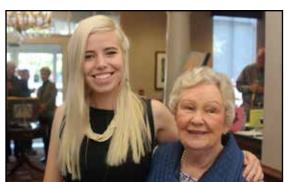
Lauren Reed, Debi Tipler, Nancy Reed

Bernadette

Pian

Artists Marty Fath, Rita Dattilo, and Dot Douglass displayed art at the Wine Tasting & Art Show.





Maria Zoccola with her grandmother Patsy Zoccola



RESIDENT PROFILE:

Mary Ann Dote was born on March 23, 1941, in Rome, New York. She would go on to live in cities all across the United States, from Alexandria, Virginia to Pensacola, Florida to her eventual retirement home in Memphis, Tennessee. She has lived at Ave Maria for nearly five years.

Dote's childhood in New York was a happy one, and very much defined by rules.

"Being an only child doesn't give you room to screw up. My mother and father both kept me on the straight and narrow, but they were loving, caring parents. My father was my champion," said Dote.

She recalls the time when her father drove her to the hospital while she was in labor with her fourth child. Her husband, Michael, was serving with the Navy in Vietnam at the time.

Mary Ann and Michael Dote were high school sweethearts, but the attraction was not immediate. Michael Dote arrived at Mary Ann's high school when his family was re-stationed from a base in Cuba.

"He was blond and tanned, but he had an ego," said Dote, laughing at the memory.

Dote was unimpressed at first, but the romance of a high school dance changed all that.

"After the dance, I realized he wasn't so bad," she said.

They were married on June 3, 1961, just two years out of high school. It was the start of a happy life together. Michael smiles down from his portrait in Dote's apartment, very handsome in his Navy uniform. He passed away in 2008.

"Marrying my husband was the best thing I ever did," Dote said.

Armed with a business degree from Central City Business Institute in Syracuse, Dote went to work at the Air Force base as a secretary. Soon the couple moved to California, and then to Florida, where they bought their first home in Pensacola.

"We didn't have a whole lot of money, but we were so excited to buy that house," recalls Dote. "It was a brick ranch with a sunken living room and a formal dining room."

The thrill of buying their home is one of Dote's favorite memories. She and her husband raised four children there: Michael, Michele, Mary Alice, and Mark.

"Having children is a great experience and a learning process," she said, adding that having grandchildren is even better.

After the Navy stationed the family in Memphis, Dote worked for Farmer's Home Administration and later as a Jury Administrator for the court system. Living in Memphis, her family developed a love of Tigers football at the University of Memphis. They tailgated regularly and hosted huge yearly feasts for players on the team.

"It certainly hasn't been boring," Dote said, thinking back over her life. "I believe that we're put on this earth for a reason. Mine is to cause trouble!"

Mary Ann Dote



Advice from Mary Ann Dote

- Be careful who your friends are. Choose them wisely. Your reputation might be on the line!
- Be honorable. Don't lie. Tell the truth, even if it gets you in trouble.
- Be a churchgoer. Give thanks to God for all the good things He's done for you.
- Follow your dreams. That's the only way you're going to be happy.





Dominican Sisters of St. Cecilia with Susan and Steve Vescovo

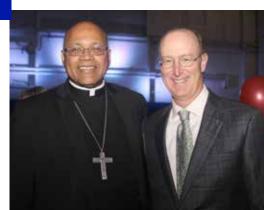


Rudy Grisanti and Tony Barrasso



Bishop Martin D. Holley and Frank Gattuso

Mayor Jim Strickland with Ray Ricossa, Jr. and his son, Grant Ricossa.



We do not discriminate in regard to race, creed, sex, religion or national orgin.



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